# Clarion School Extra-Curricular Activities

12<sup>th</sup> September 2022 – 4<sup>th</sup> December 2022



### Introduction: Extra-Curricular Activities





Welcome to Clarion School's Extra-Curricular Activities programme. This programme is separate from the school curriculum and allows students the opportunity to engage in additional activities, whether this is for enjoyment, to enhance their skill set or to work towards a certified qualification. We have formed this partnership to deliver a programme which is enriching for our students whilst also offering a convenient, safe and secure location.

All activity provider's bring to Clarion School qualified coaches to share their knowledge and expertise within each discipline.







For registrations and payments, please contact the provider directly.

# Weekly ECA Timetable

Provider	Monday	Tuesday	Wednesday	Thursday	Friday
Warriors	Swimming (Outdoor Pool)		Swimming (Outdoor Pool)		Swimming (Outdoor Pool)
Stryx	Football	Basketball		Gymnastics	Ballet
Pro Sports	Artistic Gymnastics	Tennis	Tennis		
		Athletics	Basketball		
			Parkour		
Alpha M	Engineering Workshops		Science Workshops		
Inspire Music	Private Tuition	Private Tuition		Private Tuition	Private Tuition
Premier Padel	Padel	Padel	Padel	Padel	Padel
Drama Scene			Musical Theatre (LAMDA)		
SIMBR	Volleyball			Yoga for Kids	





### Swimming

At Swimming Warriors, we don't just teach children how to swim. We teach survival skills, building confidence among children and their families. We promote love and respect for the water and foster abilities that can translate to lifelong enjoyment.

Swimming Warriors uses proven methodologies that empower people to save their own lives. We have worked continuously to improve and fine-tune our methods, and we continue to develop our skills to remain up to date with new approaches and styles of teaching.

MON & WED|3pm - 4pm FRI 12-1pm Little Swimmers and Level 1 AED 69 + vat per class





For registrations and payments, please call 055 880 3040 or email info@warriorssportsuae.com



### Football

Stryx operates Barça Academy Dubai exclusively since 2008. Our Technical Director is employed directly by FC Barcelona to manage and supervise the training programme. All our coaches are certified by FC Barcelona and deliver each session according to the technical formation and mechanism from FCB. FC Barcelona experts designed a specific programme for ECAs. It is an introductory version of the programme offered in the full – time academy. Depending on the age group, the players will train once or twice a week. Our players in the ECAs teams will also play competitions and tournaments between each other to ensure the players remain motivated and allow them to have a taste of the competitive environment.

MON | 3-4pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 04 247 9777 or email <u>zahra@stryxsports.com</u>



### Basketball

Stryx Sports is proud to have signed an exclusive partnership with NBA to operate NBA Basketball in schools throughout the UAE. NBA Basketball Schools are a network of basketball development programmes around the world open to international male and female players. NBA Basketball Schools are unique in their approach based on "the NBA-Way" of developing basketball talent which includes an explosive and athletic type of basketball experience along with the promotion of positive NBA values of integrity, teamwork, respect and innovation.

Our after school programme is adjusted for all ages and categories. This programme is based on socialising and interaction between the children, playing games, learning basketball techniques and developing psycho-physical abilities.

TUES | 3-4pm Ages Kg1 + 12 classes @ AED 1200





For registrations and payments, please call 04 247 9777 or email <u>zahra@stryxsports.com</u>



# Gymnastics

We offer a general gymnastics course to introduce basic gymnastic skills whilst working on the individual's strength, stamina and suppleness in a safe and controlled environment. Exercises are developed to enhance physical agility and coordination.

THURS | 3-4pm
Ages PreKg+
12 classes @ AED 1200





For registrations and payments, please call 04 247 9777 or email zahra@stryxsports.com



### Ballet

Basic principles are taught to the highest of standard, introducing children to the beautiful art of dance. This class will enhance your child's coordination, strength, balance, posture and flexibility. Through standing barre work and centre floor exercises, children will develop their love and skills for dance. Our qualified teachers will encourage your child to develop grace, elegance and precision.

FRI | 12-1pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 04 247 9777 or email <u>zahra@stryxsports.com</u>



# Artistic Gymnastics

Prosportsuae offers a recreational gymnastics course to provide each student the opportunity to learn the fundamental gymnastics skills whilst developing the students' strength and stamina in a safe and controlled environment. The exercises throughout the programme will also develop the students' *balance*, *agility and coordination* through a variety of different coaching methods.

MONS | 3-4pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 058 588 0160 or email <u>inquiries@prosportsuae.com</u>



### Tennis

Our programme for children tennis lessons has been designed to cater for children of all ages and abilities. We assess each child individually to ensure that they receive the correct coaching, taking into consideration the child's age and level of experience. There are three categories that your child can be enrolled in: Beginner, Intermediate or Advanced.

TUES &WEDS | 3-4pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 058 588 0160 or email inquiries@prosportsuae.com



### Athletics

Athletics will involve a warm-up, light conditioning and learning basic skills such as running, jumping and throwing. This fun activity encourages children to develop skills such as focus, concentration whilst boosting their self-esteem as they aim to beat personal records each week!

TUES | 3-4pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 058 588 0160 or email <u>inquiries@prosportsuae.com</u>



### **Basketball**

The Basketball Training Programme specialises in supporting players with the fundamentals of basketball such as ball handling, shooting, passing and decision making on the court. Prosports Basketball Academy is committed to coaching every child's skill and ability so that they reach their full potential.

WEDS | 3-4pm Ages PreKg + 12 classes @ AED 1200





For registrations and payments, please call 058 588 0160 or email <u>inquiries@prosportsuae.com</u>



# Engineering Workshops

Run by engineers from different fields, our team guide students through workshops that mimic real life situations, from conceptualisation to designing, building, and testing. Students review a concept, understand it, create a design, build a prototype, then test it. Ready-made kits are not provided, which encourages students to get creative with their designs, enhancing their understanding of engineering and design. There are multiple levels for students to progress through based on age and ability.

Students will learn:

•Different fields of engineering • Problem solving • Critical thinking skills • Using math and physics in real life • Use of different tools effectively • Design skills • Taking measurements correctly.

MON | 3-4pm Ages 5yrs + 12 classes @ AED 1200





For registrations and payments, please call 050 945 1937 or email info@alphaessgroup.com



# Science Workshops

For children with an interest in experiments and chemistry, come and join our Science Workshops!

Students will create indicator solutions to detect pH levels in foods and toiletries; replicate colours of textiles in the fashion industry; create foods such as confectionary and ice cream using scaled-down industrial processes; experiment with the chemistry of batteries; manufacture safe and sustainable toiletries and cosmetics.

#### Students will learn:

•Understanding of and experimenting with chemicals • Testing and replication of existing materials • Creation of foods on an industrial level• Using chemistry in real-life situations

WEDS | 3-4pm Ages 5yrs + 12 classes @ AED 1200





For registrations and payments, please call 050 945 1937 or email info@alphaessgroup.com



# Private Tuition

Inspiremusic is a company dedicated to delivering first class musical instrument tuition to schools in Dubai. Our passion is making music with young people and to that end we make sure that our staff are highly trained and well motivated professionals who demonstrate a warm rapport with children. Lessons are of 30 minutes in duration, once per week. Group lessons are available for all instruments except piano and drums. Please contact us for further information and to book your preferred timing.

The instrument lessons currently offered are:

Voice, Piano, Violin, Clarinet, Flute, Guitar, Bass Guitar, Drums,

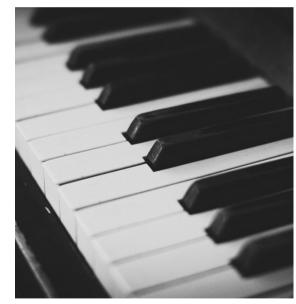
Ukulele, Recorder.

Subject to demand:

Cello, Saxophone.

MON - THURS | From 3pm FRI | From 12pm Private – AED 175 per lesson Group – AED 130 per lesson





For registrations and payments, please call 058 118 3881 or email admin@inspiremusicdubai.me



### Padel

Learn and develop padel tennis skills on brand new padel tennis courts! Padel tennis is a new energizing racquet sport that has taken the UAE by storm. It combines the elements of tennis, squash, and racquetball and is usually played in doubles. The game is played on an enclosed court, a third of the size of a tennis court and made of metallic mesh and glass.

The simplicity of this sport makes it extremely attractive and means people of all ages and ability can enjoy it. Padel tennis not only has the fun factor but also helps kids physical development, coordination, psychomotor skills, reflexes, muscles, flexibility, resilience, mobility and more.

MONS - THURS | 3- 4pm FRI | 12-1pm Ages G1 + 12 classes AED 1200





For registrations and payments, please call 056 699 2282 or email bookings@premierpadel.ae



# Volleyball

We will work with our athletes to help improve their skills and performance. This may involve running drills, leading conditioning exercises, or providing instruction on in-game strategy.

MONS | 3-4pm Ages G1 + 12 classes AED 960





For registrations and payments, please call 052 557 6108 or email care@simbrsports.com



### Yoga for Kids

A yoga class designed for children is very different from an adult class that you might take at your local studio. It's filled with games, songs, stories, imaginative play, and activities that engage children and give them the tools to feel calmer, happier, and more peaceful inside!

THURS | 3- 4pm Ages G1 + 12 classes AED 960





For registrations and payments, please call 052 557 6108 or email care@simbrsports.com



### Musical Theatre

All classes work towards an annual performance in March & optional LAMDA (London Academy of Music & Dramatic Art) examinations with certification in April 2023.

We deliver upbeat, skill-based Drama/Musical Theatre classes that build confidence, communication, cooperation & creative skills. Skill set learning includes vocal skills, character development, scene work, choreography, theatre terminology & staging etc.

WEDS | 3-4pm Ages 5yrs + 12 classes @ AED 1300 (optional LAMDA certification)





For registrations and payments, please call 055 310 0984 or email info@dramascene.com

# Rules and Regulations

#### **DEADLINES**

Please adhere to registration and payment deadlines to ensure your child's participation for their chosen activity each term.

#### **EQUIPMENT/OUTFIT**

Please ensure your child is prepared with the relevant attire for their chosen activity (eg. sportswear, sports shoes for a sportactivity).

#### **ATTENDANCE**

Students are expected to attend their chosen activity on time, unless other arrangements have been made with the provider. Parents/ Students are expected to inform the ECA provider directly in case of absence.

#### PICK - UP

Please ensure on time pick-up and inform provider in advance if you need to pick up earlier.

#### **CANCELLATION**

Please note, an activity could be cancelled/rescheduled should there not be enough applicants for that activity.



Nabeela DSa (Facilities and Events) is working with all ECA providers on behalf of Dubai Scholars School. Email: <a href="mailto:ndsa@hudsonfsm.com">ndsa@hudsonfsm.com</a> | Call: 052 128 6596